

Cheryl L. Meredith, PhD, GPHR, SPHR

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Objective

Cheryl is passionate about seeing people understand and optimize their abilities, talents, and capacity to make their greatest contribution possible in their spheres of influence. She effectively uses coaching, assessment, training, leader development, and consulting. She has proven leadership experience in complex contexts across North America and in International settings.

Experience

- Senior Human Resource Executive 2002-Present
- Consulting in Executive Assessment, Training and Coaching 1998-Present
- Whole Life Coaching 1984-Present

- Divisional Director 1998-2002
- International Specialist, Training and Personnel 1993-1998

Education

- Bachelors, Science of Nursing, University of Western Ontario 1984
- Masters of Arts, Counseling, Colorado Christian University 1992
- PhD, Organization and Management, Capella University 2007

Professional Certification

- Senior Human Resource Professional, SHRM 2005
- Global Human Resource Professional, SHRM 2007
- Executive Coaching Certification, Corporate Coach University 2001
- Birkman Personality Assessment 2005
- Highlands Aptitude Ability 1998
- Myers-Briggs Type Indicator: 1994